

SYLLABUS

Christian Antropology
University year 2025-2026

1. Information regarding the programme

1.1. Higher education institution	Babeş-Bolyai University
1.2. Faculty	Faculty of Reformed Theology and Music
1.3. Department	Institute of Reformed Theology and Music
1.4. Field of study	Theology
1.5. Study cycle	Master
1.6. Study programme/Qualification	SPIRITUAL AND PASTORAL COUNSELING AND CHRISTIAN COACHING
1.7. Form of education	Full time

2. Information regarding the discipline

2.1. Name of the discipline		Christian Antropology				Discipline code		TME1211
2.2. Course coordinator				Associate professor Dr. hab. Püsök Sarolta				
2.3. Seminar coordinator				Associate professor Dr. hab. Püsök Sarolta				
2.4. Year of study	I.	2.5. Semester	2.	2.6. Type of evaluation	C	2.7. Discipline regime	DS	

3. Total estimated time (hours/semester of didactic activities)

3.1. Hours per week	2	of which: 3.2 course	2	3.3 seminar/laboratory	-
3.4. Total hours in the curriculum	28	of which: 3.5 course	28	3.6 seminar/laborator	-
Time allotment for individual study (ID) and self-study activities (SA)					hours
Learning using manual, course support, bibliography, course notes (SA)					75
Additional documentation (in libraries, on electronic platforms, field documentation)					61
Preparation for seminars/labs, homework, papers, portfolios and essays					15
Tutorship					2
Evaluations					2
Other activities:					
3.7. Total individual study hours	126				
3.8. Total hours per semester	154				
3.9. Number of ECTS credits	6				

4. Prerequisites (if necessary)

4.1. curriculum	
4.2. competencies	

5. Conditions (if necessary)

5.1. for the course	
5.2. for the seminar /lab activities	

6.1. Specific competencies acquired ¹

¹ One can choose either competences or learning outcomes, or both. If only one option is chosen, the row related to the other option will be deleted, and the kept one will be numbered 6.

Professional/essential competencies	<ul style="list-style-type: none"> -Represents religious institution. -Applies knowledge of human behaviour. -Provides spiritual counselling. -Reinforces positive behaviour. -Helps clients make decisions during counselling sessions
Transversal competencies	<ul style="list-style-type: none"> -Applies knowledge of philosophy, ethics and religion. -Advises others. -Attends to details. -Resolves conflicts. -Practices active listening.

7. Objectives of the discipline (outcome of the acquired competencies)

7.1 General objective of the discipline	For thousands of years, the biblical truth that “God created man male and female” was considered unquestionable. Interpreting the relationship between the two is a much more complicated story. In patriarchal societies, women were often put in a disadvantaged position, and then, as a distortion of historical legacy, in the last half-century it has become a battleground for extreme views and attempted solutions. It was on this side of the Iron Curtain that only news about various trends and isms (feminism, gender and women's studies) reached, and like many other issues, the Eastern Bloc was uninformed and unprepared in this area.
7.2 Specific objective of the discipline	The eternal question of every generation is who is a person, what is the right relationship between a woman and a man. The purpose of the lecture series is to present the biblical foundations, the sound Christian view and the ethical and pastoral psychological implications. You can learn from the good examples of the past, from its discoveries, but also from its mistakes, so between lectures, students may encounter presentations on the history of education, the history of literature and church history.

8. Content

8.1 Course	Teaching methods	Remarks
1. Introduction: gender issues in Christian anthropology, Critical description of scientific movements and trends dealing with gender issues	Lecture using texts and visuals with active student input.	
2. “God created them male and female” - biblical theological introduction, the image of man in the Old Testament	- „-	
3. Biblical theological introduction, the New Testament image of man (placed by men and women at the time of Jesus and in the first centuries of the development of Christianity)	- „-	
4. Historical aspects of education: the life and work of Teréz Brunszvik	- „-	
5. Aspects of school history	- „-	
6. Female figures in Hungarian literature	- „-	
7. How men and women are affected by social pressure	- „-	
8. Identity issues	- „-	
9. Relationship between men and women from a spiritual perspective	- „-	

10. Interesting facts about the relationship between men and women in church history	- „-	
11. Evaluation of women and men in other religions	- „-	
12. Women in church roles	- „-	
13. The role of men and women in Christian ethics	- „-	
14. Forum discussion	- „-	
Bibliography <ul style="list-style-type: none"> BARRY, Catherine: <i>A Dalai Láma üzenete a nőkhez</i>, Budapest, 2010 BERNE, Eric: <i>Emberi játszmák</i>. Budapest 1984 CRABB, Lawrence: <i>Nők és férfiak</i>, Harmat, Budapest, 2001 EPTING, Ruth: <i>Szabadon az Úr szolgálatában – Nők az egyházban és a társadalomban</i>, Budapest, 1994 GOLEMAN, Daniel: <i>Társas intelligencia. Az emberi kapcsolatok új tudománya</i>. Nyitott Könyvműhely, Budapest 2007 GYÖKÖSSY Endre: <i>Együtt a szeretetben</i>, Budapest, 1988 GYÖKÖSSY Endre–BOGNÁR Cecil OSB: <i>Mi és mások. A mindennapi élet lélektana</i>. Szent Gellért, Szeged 1992 LÉVAI Katalin: <i>A nő szerint a világ</i>, Osiris, Budapest, 2000 LOCHMAN, Jan Milic : <i>A szabadság útjelzői</i>, Kálvin Kiadó, 1993 LUKÁCS Olga: <i>Bevezetés az erdélyi református iskolatörténetbe</i>, Egyetemi Műhely Kiadó, Kolozsvár, 2008 PÁLHEGYI Ferenc: <i>Keresztény házasság</i>, Kálvin Kiadó, Bp. 1995 PANNENBERG, Wolfhart: <i>Anthropologie in theologischer Perspektive</i>, Vandenhoeck&Ruprecht in Göttingen, 1983 PÜSÖK Sarolta: <i>Vallások, mítoszok és vallásfilozófiai irányzatok/ Vallástörténeti jegyzetek, (Religii, Mitologii și Curenteale Filozofico-Religioase/Curs de Istoria și filozofia religiei)</i>, Cluj-Napoca -Ro, Ed. Egyetemi Műhely, 2012. Pg. 226, ISBN 978-606-8145-20-4 PÜSÖK Sarolta: <i>Útközben (Pe drum)</i>, Kolozsvár/Cluj-Napoca - Ro, Ed. Egyetemi Műhely, 2016. Pg. 363, ISBN 978-606-8886-02-2 PÜSÖK Sarolta: <i>A lelkesfeleségek szolgálatának színváltásai különös tekintettel az utóbbi száz esztendőre</i> In: <i>Hagyomány-Identitás-Történelem. 2019 (Sorozat: Reformáció Öröksége 3/1)</i>, Szerkesztők: KISS Réka – LÁNYI Gábor, Károli Gáspár Református Egyetem KRE ETKI RÖM – KRE HTK Egyháztörténeti Kutatóintézet, L'Harmattan, Budapest, 2020, 437-454, PÜSÖK Sarolta: <i>A nők teológiai képzésének első száz éve Kolozsváron (Primii o sută de ani în formarea teologică a femeilor la Cluj-Napoca)</i>– In. <i>Studia Univ. Babeș-Bolyai, Theologia Reformata Transylvanica</i>, Kolozsvár/Cluj-Napoca -Ro, 2023, Nr.2., pp. 131-156., pg.26, DOI: 10.24193/subbtref.68.11.09, http://studia.ubbcluj.ro/download/pdf/1535.pdf PÜSÖK Sarolta: <i>Nőmozgalmak, feminista teológia? Kísérlet a főbb irányvonalak és kérdéskörök ismertetésére</i>– In: <i>Református Szemle</i>, Kolozsvár/Cluj-Napoca -Ro, 2002, Nr.4–5., pp.369–381. PÜSÖK Sarolta: <i>Az ember halálán innen és túl</i> – In: <i>Református Szemle</i>, Kolozsvár/Cluj-Napoca -Ro, 2004, Nr.5., pp.502–509. PÜSÖK Sarolta: <i>Nők és férfiak a Bibliában</i> – In: <i>Erdélyi Református Naptár 2012</i>, Kolozsvár/Cluj-Napoca -Ro, 2011, pp. 46-61. PÜSÖK Sarolta: <i>“Frauenwürde als Menschenwürde”: Die Problematik der Sünde in Tolstois Auferstehung bezüglich der Beziehung zwischen den Hauptpersonen</i> -- In. <i>Women and Religion – Dignity of the Woman as Dignity of the Human Being</i>, Cluj, Verbum, 2011, pp.193-203. RADFORD REUTHER, Rosemary: <i>Isten női arca – Napjaink egyik vallásos kihívása</i>, In: <i>Egyház és világ</i>, 1991, 11. szám Dr. SZŰCS Ferenc: <i>Teológiai etika</i>, Iránytű, Gödöllő, 1995 TÖRÖK István: <i>Etika</i>, Free University Press, Amsterdam, 1988 ZÁMBÓ András: <i>Mondhat-e újat a feminista teológia – A feminista teológia kritikai analízise</i>, Ref. Zsinati Iroda, Budapest, 1996 		
8.2 Seminar / laboratory	Teaching methods	Remarks
Bibliography		

9. Corroborating the content of the discipline with the expectations of the epistemic community, professional associations and representative employers within the field of the program

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10. Evaluation

Activity type	10.1 Evaluation criteria	10.2 Evaluation methods	10.3 Percentage of final grade
10.4 Course	Content-based questions	Review	80%
	Active class participation		20%
10.5 Seminar/laboratory			
10.6 Minimum standard of performance			
<p>Answer at least 50% of the questions correctly.</p> <p>Or</p> <p>Write a 6-8 page thesis according to academic requirements on the chosen topic related to the lectures.</p>			

11. Labels ODD (Sustainable Development Goals)²

	General label for Sustainable Development						
							
							

Date:
.04-30.2025.

Signature of course coordinator

Associate professor Dr. hab. Püsök Sarolta

Date of approval:

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Signature of the head of department

Dr. Péter István

² Keep only the labels that, according to the [Procedure for applying ODD labels in the academic process](#), suit the discipline and delete the others, including the general one for *Sustainable Development* – if not applicable. If no label describes the discipline, delete them all and write „Not applicable.”.

